Shaving Routine Checklist

Before, during, and after every shave

30-SECOND CHECK

☐ Area prepared for the method I am using.
☐ Tool and cutting parts appear clean and intact.
☐ Wet/dry use confirmed for the exact tool.
☐ Light pressure and limited repeat passes planned.
☐ Cleaning, drying, and storage will happen after the shave.

BEFORE: PREPARE AND INSPECT

☐ Define the result: close finish, short stubble, clean edges, or quick maintenance.
☐ Check for open wounds, active bleeding, burns, or worsening irritation.
☐ Soften hair before a manual shave and identify hair-growth direction.
☐ Inspect blade, foil, cutter, guard, attachments, housing, cord, and plug.
☐ Confirm model-specific wet/dry, cleaning, charging, and replacement instructions.
☐ Set out only the required product, clean towel, water, mirror, and lighting.

DURING: CONTROL THE SHAVE

☐ Match preparation and motion to the exact tool.
☐ For a manual razor, use appropriate lubrication and begin with hair growth.
☐ Rinse a manual razor as needed; do not scrape with a clogged blade.
☐ Use light pressure and short, controlled sections.
☐ Check the result before another pass; reapply lubrication when needed.
☐ Stop when the result is acceptable or comfort declines.

STOPLIGHT RULE

GREEN	Tool moves normally and the area feels typical. Continue carefully.
YELLOW	Pulling, clogging, dry product, or harder pressure. Pause and correct.
RED	Sharp pain, cut, active bleeding, worsening burning, swelling, damaged tool, or electrical problem. End the shave.

Shaving Routine Checklist

Finish the routine before leaving the counter

AFTER: RINSE AND REVIEW

☐ Remove shaving product and loose hair.
☐ Check the result in good light before deciding on another pass.
☐ Choose comfort over an unnecessarily close finish.
☐ Use only a finishing product already tolerated and follow its label.
☐ Do not apply an unfamiliar product to an already irritated area.

RESET THE TOOL

☐ Remove hair and residue using the manufacturer-approved method.
☐ Do not rinse a device or part unless water cleaning is permitted.
☐ Allow the razor and removable parts to dry as directed.
☐ Do not leave a manual razor in the shower or on a wet sink.
☐ Replace caps, guards, and attachments without trapping moisture.
☐ Recharge the device and note any replacement part needed.

WEEKLY TWO-MINUTE RESET

☐ Clean loose hair and product buildup from the storage area.
☐ Check supplies of compatible blades, parts, and shaving product.
☐ Inspect guards, foils, cords, plugs, chargers, and attachments.
☐ Notice whether shaving is taking longer or requiring more passes.
☐ Change only one routine variable at a time.

FOUR WORDS TO REMEMBER

PREPARE	Clean, soften, inspect the area, and set out supplies.
INSPECT	Confirm the tool, cutting parts, and attachments are ready.
CONTROL	Use the correct method, light pressure, and necessary passes only.
RESET	Rinse the area, clean and dry the tool, and record the next action.

General grooming education only. Follow the current instructions for the exact tool. Stop and seek qualified care for persistent or worsening pain, swelling, open wounds, possible infection, or other concerning symptoms.